



ROWING

SIN
COY

JOANNA CHAN LAI CHENG (陈丽晶)

“

The Singapore Spirit to me means never giving up and fighting till the very end together as a team. It also means having the confidence that we can achieve our dreams and goals that we have set for ourselves.

”



12 Mar 1993 | 165 cm | 68.7 kg

Event(s)

Women's Coxless Pair

Latest Sporting Achievements

2010 Singapore Youth Olympic Games Junior Women's
Single Scull - 19th position

2009 World Rowing Junior Championships
Junior Women's Single Scull - 30th

Current School / Employer

Anglo-Chinese Junior College

About Me

I started rowing when I was in secondary three. I loved water sports and my teacher introduced me to this sport. When I first started learning, it was a very interesting sport to me as the boats we used were very different from the rest of the water sports that I have always been doing.

I found the sport challenging and wanted to give it a shot. One of my most memorable rowing experiences was during the Youth Olympic Games in 2010 where I participated in the single sculls. The pressure was intense but I managed to complete the games coming in first for my finals ranking 19th out of 22.

NADZRIE HYCKELL BIN HAMZAH

“

The Singapore Spirit means that one is proud to be Singaporean.

”

9 Jan 1993 | 178 cm | 68 kg

Event(s)

Men's Lightweight Double Scull

Latest Sporting Achievements

2010 World Rowing Championship LM1X - 14th

2010 Singapore Youth Olympic Games JM1X - 20th

2010 Singapore Youth Olympic Games Validation

Exercise JM1X - 4th

2010 Asia Cup 1 LM2X - 4th

2010 Varsity Boat Race (Putrajaya) M4 - Bronze

Current School / Employer

Singapore Polytechnic

About Me

I started rowing in December 2009. I was scouted in September by the coach of Singapore Rowing Association. At that point of time, I was doing pull ups in my school. He approached me and told me about rowing, and that if I was interested, I could go down and try it out. I went down in December with a couple of my friends and gave rowing a go. I never looked back since.

Under the guidance of the coach, I progressed quickly. The competitive spirit that I had allowed me to excel in the sport. I am proud to be able to represent my country and my sport.



SAIYIDAH AISYAH BINTE MOHAMED RAFA'EE

20 Apr 1988 | 173 cm | 61 kg

“

Size doesn't matter. Singapore is small but we can produce world-class athletes despite the small talent pool that we have. Not being intimidated by size is what the Singapore Spirit means to me.

”

Event(s)

Rowing - Women's pair and Women's Single Scull

Latest Sporting Achievements

- 2011 South East Asian Rowing Championships
Women's Pair and Women's Single Scull - Bronze
- 2011 Asia Cup Rowing Championships Women's
Double Sculls - Bronze
- 2010 Inter-Varsity Boat Race Women's Single Scull
- Gold
- 2010 Validation Exercise Single Scull - Bronze
- 2007 24th SEA Games Korat Thailand Women's
Lightweight Single Scull - Bronze

Current School / Employer

Sportz Kulture Pte Ltd

About Me

I started rowing in 2004. A month after I first got in the boat, I won my first medal in an international event. That actually spurred on my interest to row more and reach for higher goals. My most memorable games had to be the 2007 SEA Games when I stood on the podium to receive the only medal for the rowing team that year.

I stopped rowing for a year due to my university commitments and also because I wanted to try another sport. I came back to the rowing national team in 2010, winning my first medal since I returned at the 2010 Validation Exercise race, with only one month of training. With that, I realized that rowing was my sport and I wanted to excel in it. I have made up my mind and I will never leave rowing until I reach my ultimate goal, which is to represent Singapore in the Olympics one day.



YEONG WAI MUN

(杨伟文)

“

The Singapore Spirit is about defying the odds. Achieving something that everyone else says it's impossible, when everything is against you.

”

28 Jul 1982 | 179 cm | 72 kg

Event(s)

LMIX, LM2X (M)

Latest Sporting Achievements

2010 Guangzhou Asian Games - 9th LM1X

2010 Asia Cup 1 Rowing Championships

- Gold LM1X (2000m), Gold M1X (1000m)

2009 13th Asian Rowing Championships - 6th LM1X

2009 12th Southeast Asian Rowing Championships

- Bronze (M1X)

2009 Singapore International Rowing Championships

- Gold LM1X (2000m), Gold M1X (2000m),

Gold M1X (1000m), Gold (M4- (1000m)

2008 Asia Cup Rowing Championships - Bronze (M1X)

Current School / Employer

Sarnies

About Me

I've always had aspirations to be an elite level athlete. In 2007 while in the final year of university, I started rowing in earnest. I chose rowing for the sport that it is, a showcase of strength and power with poise and control, a combination that makes it so wonderful to watch. The immense level of commitment, dedication, perseverance and hard work required are life lessons which no classroom or office can nurture.

OFFICIALS



Raihan Bin Omar
Team Manager



John Anthony Holland
Coach