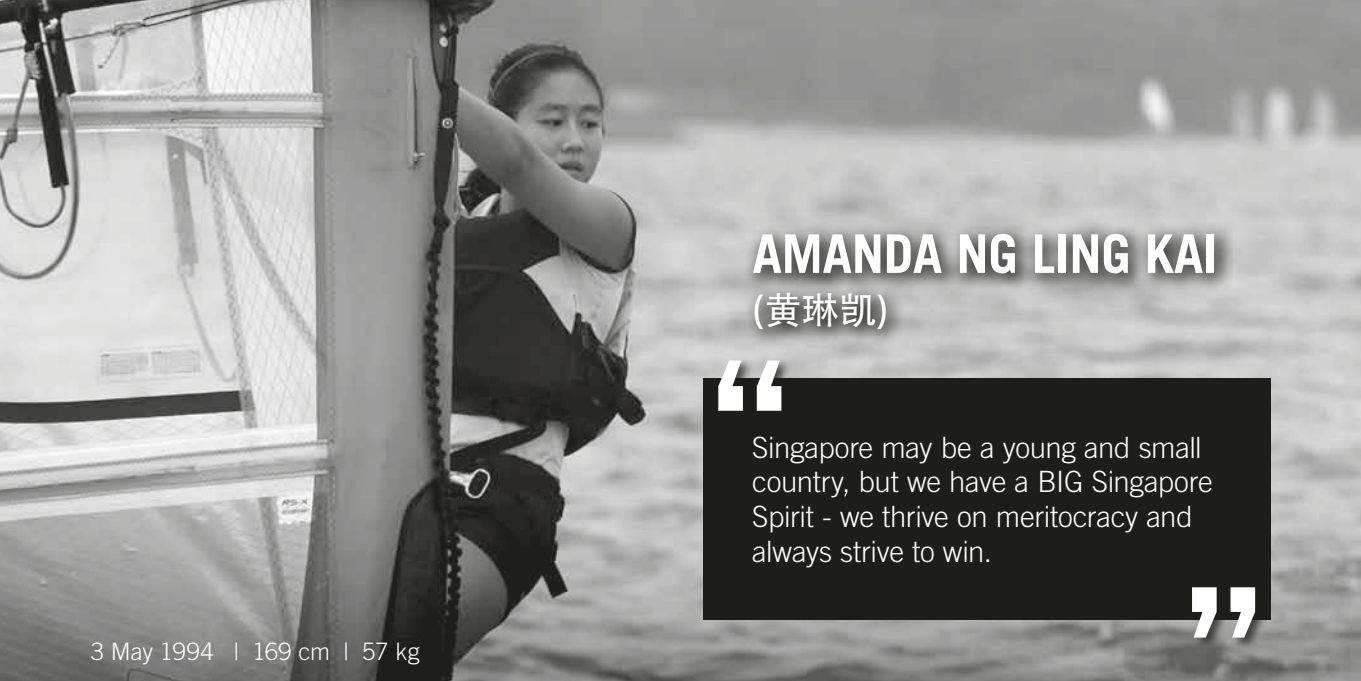




SAILING



3 May 1994 | 169 cm | 57 kg

AMANDA NG LING KAI

(黄琳凯)

“

Singapore may be a young and small country, but we have a BIG Singapore Spirit - we thrive on meritocracy and always strive to win.

”

Event(s)

Sailing - Mistral One Design Women

Latest Sporting Achievements

2011 RS:X Evolution Grand Prix Asian Windsurfing

Open - 3/4 (RS:X Women Evolution)

2010 Youth Olympic Games Qualifiers Italy

- 6/23 (Bic Techno, Girls)

2010 SIM 29th Singapore Open Windsurfing

Championships - Bronze (Bic Techno, Girls)

2009 Pattaya City Windsurfing Cup & Thailand

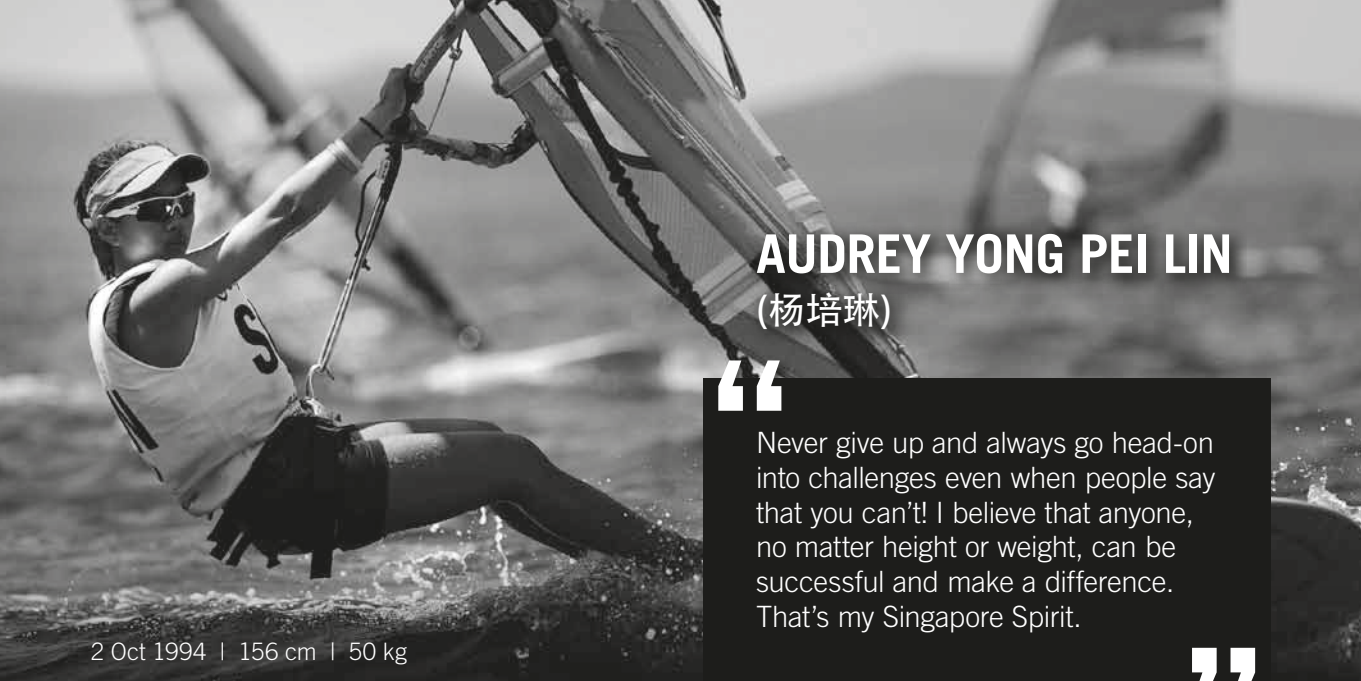
Windsurfing Championships - 3/6 (Bic Techno, Girls)

Current School / Employer

Anglo-Chinese Junior College

About Me

I picked up windsurfing during the Youth Olympic Games trials in November 2009 and have been enjoying it since!



AUDREY YONG PEI LIN (杨培琳)

“

Never give up and always go head-on into challenges even when people say that you can't! I believe that anyone, no matter height or weight, can be successful and make a difference. That's my Singapore Spirit.

”

2 Oct 1994 | 156 cm | 50 kg

Event(s)

Sailing - RS:X Women

Latest Sporting Achievements

2011 ISAF Youth Sailing World Championships Croatia
- 5/19 (RS:X, Girls)

2011 RS:One World Tour Asian Windsurfing Open
Singapore - 1/3 (RS:One, Youth Girls)

2011 Asian Windsurfing Championships Singapore
- 3/8 (RS:X, Youth Girls)

2010 Singapore Youth Olympic Games
- 3/18 (Bic Techno, Girls)

2010 Youth Olympic Games Qualifier Italy
- 2/23 (Bic Techno, Girls)

Current School / Employer

Singapore Polytechnic

About Me

I was introduced to this sport at a school sailing camp when I was in secondary one. I never thought that I would choose windsurfing after graduating from the Optimist class. I decided to try it out at a conversion course conducted for the national sailors and have never looked back.



DAWN LIU XIAODAN

(刘晓丹)

“ I think to have Singapore Spirit is to have a never-say-die attitude: in sailing especially, you never give up, fight to the very end of the race and regatta. ”

5 Feb 1987 | 153.5 cm | 57.5 kg

Event(s)

Sailing - 470 Women

Latest Sporting Achievements

2010 Guangzhou Asian Games

- Bronze (470, Women)

2010 Asian Sailing China

- Bronze (470, Women)

2009 Sail Melbourne ISAF World Cup Event Australia

- Bronze (470, Women)

2007 24th SEA Games Korat Thailand

- Gold (470, Women)

2005 23rd SEA Games Manila Philippines

- Gold (420, Girls)

Current School / Employer

Deakin University / Singapore Sports Council

About Me

I went for my first sailing course at age ten at the Singapore Armed Forces Yacht Club. A family friend introduced the sport to us. Sailing is a sport that really teaches independence and decision-making and I valued that very much. I have been on the national team since I was 13 and have never looked back.



ELISA YUKIE YOKOYAMA (横山由紀江)

22 Feb 1997 | 145 cm | 37 kg

Event(s)

Sailing - Optimist Open

Latest Sporting Achievements

- 2011 IODA Asian Sailing Championships Singapore
 - Bronze (Optimist, Open), Silver (Female Overall)
- 2011 Dutch Youth Regatta Netherlands
 - Silver (Optimist, Open)
- 2010 IODA World Optimist Championships Malaysia
 - Silver (Team Racing), 4th (Female overall)
- 2010 IODA Asian Sailing Championships Thailand
 - 4th (Optimist, Open), Silver (Female Overall)
- 2010 Dutch Youth Regatta Netherlands
 - Gold (Optimist, Open)

Current School / Employer

Raffles Girls' Secondary School

“

I feel that the Singapore Spirit is very strong and inspiring. Although we are such a small country with a small population, we do not believe that this obstacle is something that would bring us down. We have to prove to others that even a small country like us can do well.

”

About Me

I was inspired by my elder sister, Natasha Yokoyama to pick up this sport. Seeing her mature, become more independent and make many friends inspired me to take up sailing. I started when I was ten and was pretty good at it compared to the rest as I had always studied how my sister sailed, which gave me a headstart. My primary school, CHIJ Katong Primary also supported sailing and my family's strong encouragement has kept me going.

A black and white photograph of a young man, Leonard Ong, smiling and leaning over the side of a sailboat. He is wearing a white t-shirt and a dark vest. The sailboat is on the water, and the background is slightly blurred, showing other boats and structures in the distance.

LEONARD ONG (王俊凯)

“

The Singapore Spirit is the Singapore Sling, a drink that is renowned around the world and associated with Singapore.

”

9 Dec 1992 | 170 cm | 66 kg

Event(s)

Sailing - RS:X Men

Latest Sporting Achievements

2010 RS:X Open Youth European Championships
- 11th (RS:X Youth Men)

2009 Sail Melbourne - Bronze (RS:X Men)

2009 Sail Sydney - Gold (RS:X Men)

2009 Kieler Woche - 4th Position (RS:X Youth)

2009 SIM 28th Singapore Windsurfing Open
- Silver (RS:X Youth)

Current School / Employer

Singapore Polytechnic

About Me

I developed an interest in windsurfing when I learnt of a conversion course for sailors. It seemed cool and fun then, so together with a friend, I decided to give it a shot. Till now, both of us still windsurf and enjoy it a great deal.



RUSSELL KAN TSUNG LIANG (简忠良)

“

To me, the Singapore Spirit is a strong team bond.

”

18 Mar 1993 | 179 cm | 63.5 kg

Event(s)

Sailing - 470 Men

Latest Sporting Achievements

2011 ISAF Youth World Sailing Championships Croatia

- 8th (420, Men)

2011 Kieler Woche Germany - 4th (420, Open)

2010 Asian Sailing Championships China

- 5th (420, Men)

2007 24th SEA Games Korat Thailand

- Bronze (Optimist, Boys)

2006 IODA World Championships Uruguay

- Gold (Optimist, Team Racing)

Current School / Employer

Singapore Polytechnic

About Me

My parents were into this sport too and that is why I had an early introduction to the fascinating sport of sailing. Sailing and studying pretty much takes up all my time, but I like to play soccer whenever I have a spot of free time. As a Team Singapore athlete, I'm proud to be part of a team that works hard together.



SARA TAN LI CHING

(陈俐君)

“
To me, the Singapore Spirit stands for strength in unity.
”

6 Aug 1990 | 172 cm | 68 kg

Event(s)

Sailing - 470 Women

Latest Sporting Achievements

2008 Asian Sailing Championships - Silver (470, Open)

2007 24th SEA Games Korat Thailand
- Silver (420, Girls)

2006 Asian Sailing Championships - Silver (420, Girls)

Current School / Employer

Singapore Management University

About Me

I picked up sailing as a Co-Curricular Activity in primary school and have been doing it since. I am most proud of the fact that in Singapore, we have such a strong support system that ensures that we are able to excel at our sport and lead balanced lives. My inspiration in life is Sir David Attenborough - he makes such great films about nature and the world around us.

SHAUN POW WENG LOONG (鲍永麟)

“

To me, the Singapore Spirit is working together as a team.

”



15 May 1992 | 173 cm | 68 kg

Event(s)

Sailing - Mistral One Design Men

Latest Sporting Achievements

2011 RS:One World Tour Asian Windsurfing Open
Singapore - 5/10 (17-35 Men Qualify)

2010 SIM 29th Singapore Windsurfing Open Singapore
- 10/17 (RS:X Open)

2009 Sail Melbourne, Australia - 5/9 (RS:X Men)

2009 Australian RSX National Championships Australia
- 4/8 (RS:X Open)

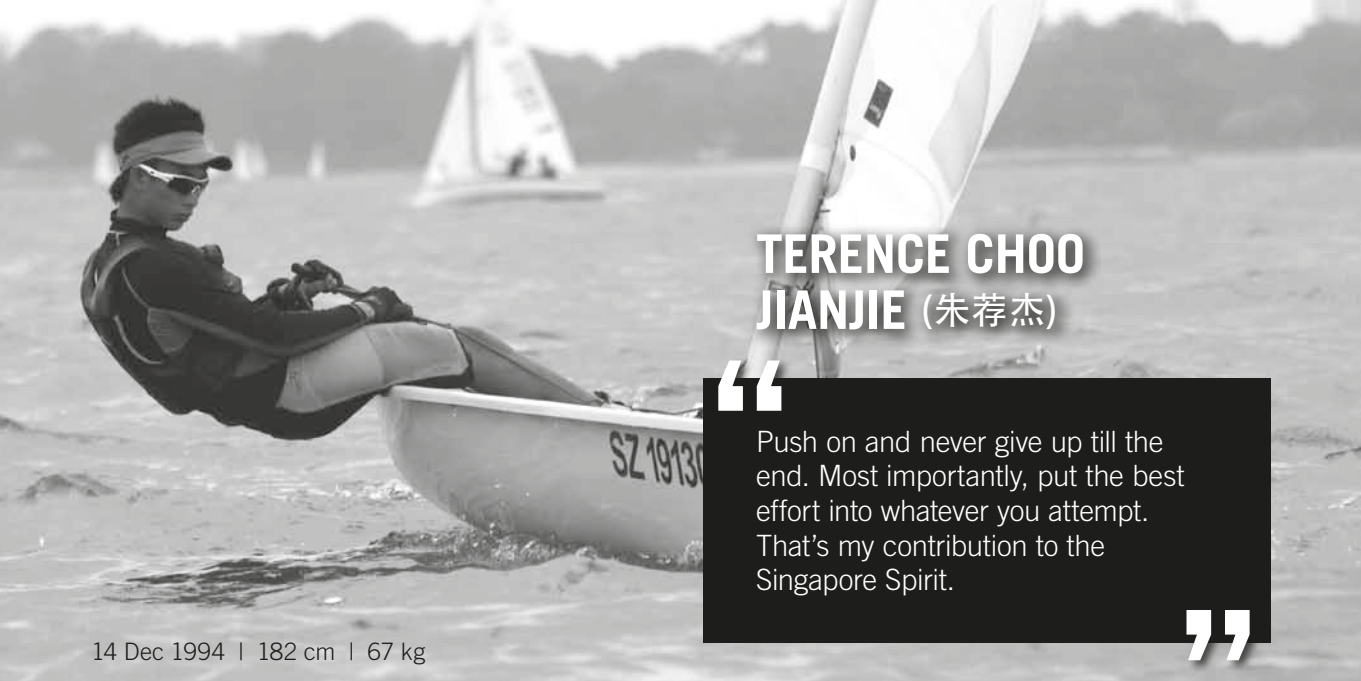
Current School / Employer

Temasek Polytechnic

About Me

In 2005, when I was 13 years old, I decided to try out the windsurfing conversion course as I was previously sailing the optimist.

I am a Polytechnic student who enjoys simple stuff like hanging out with my friends or watching a good movie or just relaxing at home, playing a video game.



TERENCE CHOO JIANJIE (朱荐杰)

“ Push on and never give up till the end. Most importantly, put the best effort into whatever you attempt. That’s my contribution to the Singapore Spirit. ”

14 Dec 1994 | 182 cm | 67 kg

Event(s)

Sailing - Laser Radial Men

Latest Sporting Achievements

2011 ISAF Youth World Championships Croatia

- 17th (Laser Radial, Boys)

2010 Australian Laser Championships Australia

- Bronze (Laser 4.7, Boys)

2010 Australian Youth Laser Championships Australia

- Silver (Laser 4.7, Boys)

2009 Byte CII World Championships Canada

- Silver (Byte CII, Open)

2009 Byte CII European Championships Italy

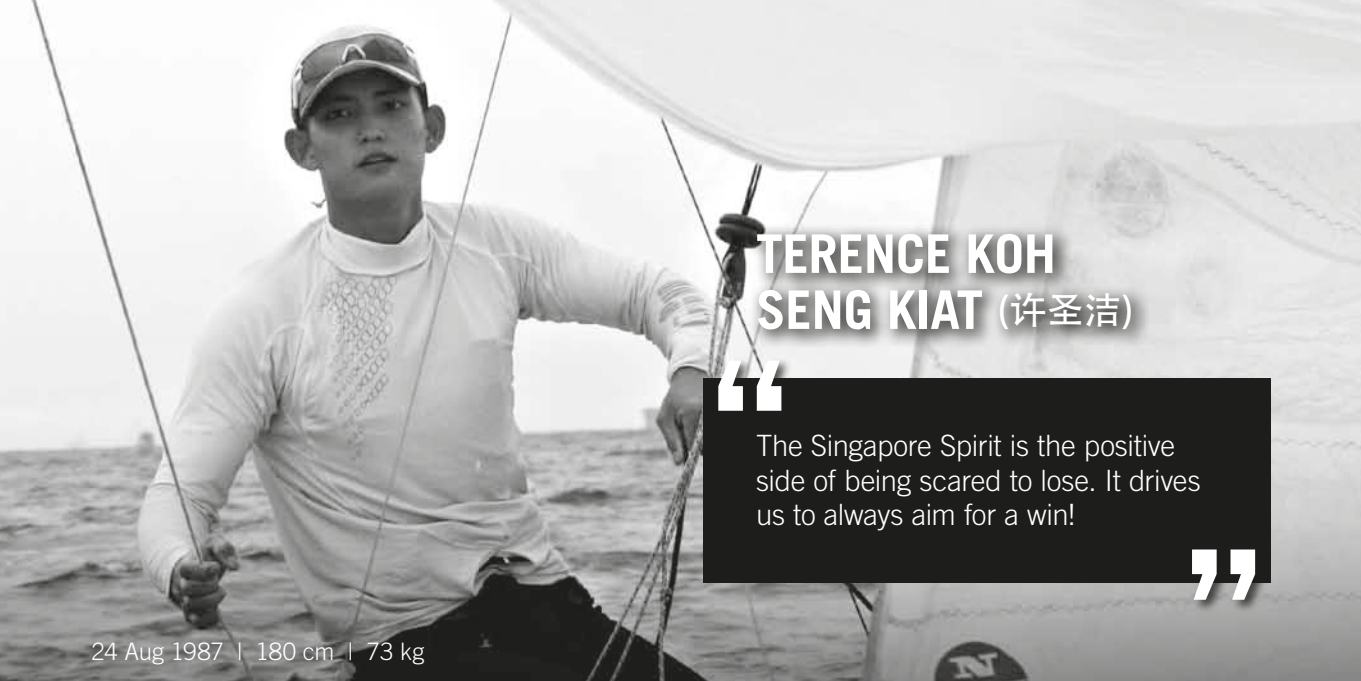
- 4th (Byte CII, Open)

Current School / Employer

Raffles Institution (JC)

About Me

I learnt to sail with my family as a leisure activity when I was about eight years old but really became very passionate about it after I started optimist racing when I was nine years old. I enjoyed the adrenaline rush when racing with other sailors. I love sailing because it makes me feel relaxed when I ride my boat out into the big open sea. I also love the feeling of the boat riding the waves and my body dancing with the water.



TERENCE KOH SENG KIAT (许圣洁)

“ The Singapore Spirit is the positive side of being scared to lose. It drives us to always aim for a win! ”

24 Aug 1987 | 180 cm | 73 kg

Event(s)

Sailing - 470 Men

Latest Sporting Achievements

2006 Asian Games Qatar - Silver (470, Men)

2005 ISAF Youth Sailing World Championships Korea

- Gold (420, Boys)

2005 23rd SEA Games Manila Philippines

- Gold (420, Boys)

2001 21st SEA Games Kuala Lumpur Malaysia

- Silver (Laser 2, Open)

About Me

My father was a recreational windsurfer and brought me and my siblings to the beach often. We picked up sailing when he was out windsurfing. In life, and as an athlete, I'm inspired by Eric Cantona. He does what he does because of the passion he has for it. Not many people dare to follow their dreams in this manner.



VICTORIA CHAN JING HUA (陈菁华)

“

The Singapore Spirit to me means giving your best and not giving up no matter how good or badly you are performing.

”

9 Dec 1990 | 163 cm | 63 kg

Event(s)

Sailing - Laser Radial Women

Latest Sporting Achievements

2011 Laser Metropolitan Championships Australia

- Silver (Laser Radial, Open)

2010 Laser Europa Cup BEL

- Bronze (Laser Radial, Open)

2008 Asian Sailing Championships Indonesia

- Bronze (Laser Radial, Women)

2006 ISAF Youth World Championships Great Britain

- 4th (Laser Radial, Girls)

2006 World Laser 4.7 Championships France

- Gold (Laser 4.7, Girls)

Current School / Employer

Nanyang Technological University

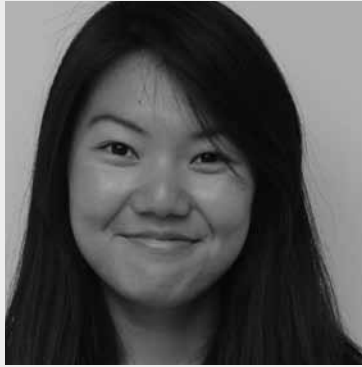
About Me

I started sailing at the age of ten with my brother at the Singapore Armed Forces Yacht Club. As an athlete, Xu Li Jia inspires me as she proves to me that Asians can win in a class dominated by Europeans.

OFFICIALS



Chung Pei Ming
Team Manager



Toh Jia Wen
Assistant Team Manager



Christian Chua Tan-Ching
RS:X & Mistral Coach



Daniel John Smith
470 Coach



Tracey Tan
Laser Radial Coach



Fernando Javier Alegre
Arbulu
Optimist Coach

OFFICIALS



Widya Poerwanti
Logistic Support