



# TAEKWONDO



## JACQUELINE QUEK JIE LIN (郭洁琳)

“  
Never give in, Never give up! This is  
my Singapore Spirit.  
”

22 May 1992 | 172 cm | 72 kg

### Event(s)

Female Under 73kg (Kyorugi)

### Latest Sporting Achievements

2011 5th Commonwealth Taekwondo Championships  
- Silver

2011 15th Asian Cities Gold Cup Taekwondo  
Championships - Gold

2011 10th ASEAN Taekwondo Championships - Bronze

2009 1st Asian Martial Arts Games - Bronze

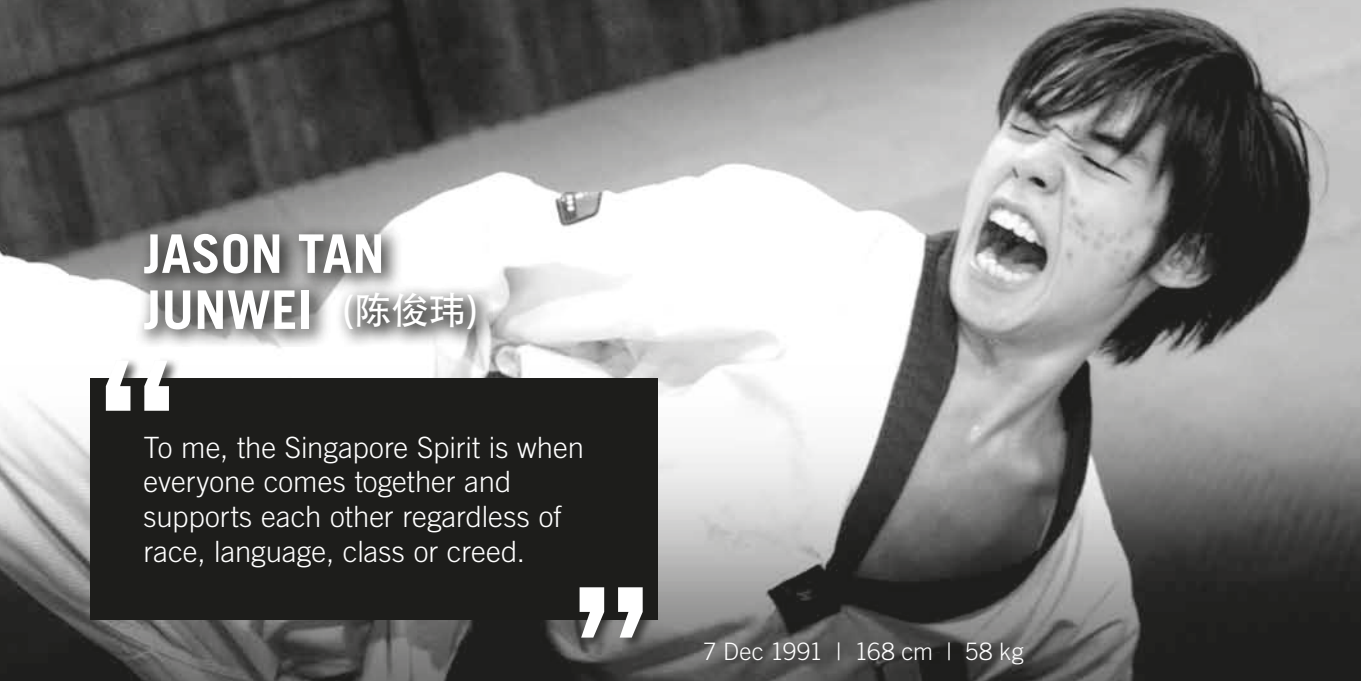
2009 25th SEA Games Laos Vientiane - Bronze

### Current School / Employer

Nanyang Polytechnic

### About Me

I joined taekwondo when I was seven through my father's encouragement. However, I did not enjoy it at first because I was physically unfit and disliked exercising at that point of time. After enduring the early stages, I began to enjoy taekwondo not just as a leisure sport but also as a way of life and it soon became my passion.



## JASON TAN JUNWEI (陈俊玮)

“

To me, the Singapore Spirit is when everyone comes together and supports each other regardless of race, language, class or creed.

”

7 Dec 1991 | 168 cm | 58 kg

### Event(s)

Male Under 58kg (Kyorugi)

### Latest Sporting Achievements

2011 5th Commonwealth Taekwondo

Championships - Silver

2011 15th Asian Cities Gold Cup

Taekwondo Championships - Gold

2010 14th Asian Cities Gold Cup

Taekwondo Championships - Gold

2010 6th Korea Open International

Taekwondo Championships - Silver

2009 25th SEA Games Laos Vientiane - Bronze

### Current School / Employer

Temasek Polytechnic

### About Me

I picked up taekwondo in 1997 when I was six. Seeing kids shouting and sparring with each other aroused my interest in taekwondo. My parents then enrolled me into a taekwondo class so that I would be fitter and stronger. The rest is history.

A black and white portrait of Joyce Lim Soon Yi, a young woman with dark hair and bangs, wearing a white taekwondo gi with a dark collar. She is looking slightly to the right with a neutral expression. Her right hand is raised in a taekwondo salute gesture.

## JOYCE LIM SOON YI

(林顺仪)

“

Do your best and never give up.  
That's what the Singapore Spirit  
means to me.

”

28 Oct 1988 | 163 cm | 60 kg

### Event(s)

Poomsae (Female Individual & Pair Event)

### Latest Sporting Achievements

2011 3rd Commonwealth Taekwondo Poomsae  
Championships Individual, Pair & Team - Gold

2011 10th Asean Taekwondo Championships  
Individual - Silver, Pair - Silver

2010 18th Vietnam International Taekwondo  
Championships - Individual & Pair - Silver,  
Team - Bronze

### About Me

I took up taekwondo at the age of 12 as a Co-Curricular Activity in my primary school. It was my sister that inspired me to take up taekwondo and she was also the coach for my school.



## MUHAMMAD NORHALIM BIN MOHD ZAHRUDDIN

“

The Singapore Spirit is the Kallang  
Roar!

”

24 Jan 1994 | 169 cm | 67 kg

### Event(s)

Male Under 68kg (Kyorugi)

### Latest Sporting Achievements

2011 Asian Cities Gold Cup Under 73kg - Gold  
2011 ASEAN Championships Under 68kg - Bronze  
2010 Asian Cities Gold Cup Under 73kg - Bronze  
2009 Korea Open Under 68kg - Silver  
2009 ASEAN Championships - Silver

### Current School / Employer

Temasek Polytechnic

### About Me

I picked up taekwondo in 1999, when I was five years old. I still remember clearly what happened that day. I was so afraid of being hit that I cried. However, I persevered and continued training through my club and coach. Through the years, my interest in this sport grew and I am who I am today thanks to taekwondo.



**SAMUEL LEE  
WEI KANG (李伟康)**

“

To me the Singapore Spirit is to persevere and do our best, while at the same time show respect for the rules and our opponents regardless of the results of the competition.

”

22 Apr 1989 | 172 cm | 62 kg

#### Event(s)

Poomsae (Male Individual & Pair Event)

#### Latest Sporting Achievements

2011 10th ASEAN Taekwondo Championships

- Individual - Silver, Pair - Silver

2011 2nd Commonwealth Taekwondo Championships

- Individual - Gold, Pair - Gold, Team - Gold

2010 Vietnam Open Individual - Bronze,

Pair - Silver, Team - Bronze

#### Current School / Employer

Nanyang Technological University

#### About Me

I started early in the sport when I was seven. I soon grew to love the sport and made much progress, attaining my 1st Poom when I was ten, 2nd Poom when I was twelve and 3rd Poom when I was fourteen. My interest had always been more in poomsae (pattern) than in kyorugi (sparring). I got selected into the national poomsae squad at the end 2009 while I was still in National Service after attending selections to form the new team.

I'm proud of being able to advance so far in the sport I am in now, and also to represent my country in various competitions and in this coming Games.

# OFFICIALS



Wong Liang Ming  
Team Manager / Coach



Tan Cheng Hui  
Coach